

Exclusive Savings from Studentcare Network Partners\*

Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

Studentcare Networks

By consulting a Network member, you'll get additional coverage.

Total Coverage:

Up to 100%

Save More with Network Members\*\*

Rexall

New

up to 100% off on your out-of-pocket prescription drug costs (max \$40)

25% off regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program

Specsavers

20% off contact lenses

LASIK MD

VISION

\$550 off on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

Independent Vision Specialists

30% off prescription eyeglasses, up to \$75

Discounts on eye exams and contact lenses

PSYVITALITI

Preferred rates on 50-minute adult therapy or coaching sessions

and more!  
Dentists, physiotherapists, massage therapists, and chiropractors

\* Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.  
\*\* Certain conditions apply.

An Essential Service for Students

As an eligible student, you're automatically covered by one of the most important services on campus: the SGPS Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

Eligible students include:

- Full-time on-campus graduate, law, undergraduate medicine, and education students who are enrolled at Queen's starting in September or January and who are under the age of 70, as long as they have a provincial health plan or an OHIP-equivalent plan
- MBA students (automatically covered from January to December 2026)

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

See [www.studentcare.ca](http://www.studentcare.ca) for more details.

Group Numbers

Health, vision, and dental: GPS  
Travel: 97180

(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

Submit Claims Quickly and Easily

Register to submit claims online by downloading the **Securian Canada Student Health Portal mobile app** or by visiting [students-healthportal.securiancanada.ca](http://students-healthportal.securiancanada.ca)

Download the Securian Canada mobile app.

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit [www.studentcare.ca](http://www.studentcare.ca) to learn about all the applicable conditions and exclusions.

OUR ENVIRONMENTAL COMMITMENT ON PAPER  
This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle with sustainable innovation.

QUEEN\_SGPS/BRO/09-25

Studentcare is becoming

ALUMO

2025–2026

SGPS Health & Dental Plan

Insuring today.  
Ensuring tomorrow.

Group Numbers

Health, vision, and dental: GPS  
Travel: 97180  
(Securian Canada)

For complete details on coverage, eligibility, and group numbers, visit [www.studentcare.ca](http://www.studentcare.ca).

Health Plan

Health  
Up to \$10,000



- Prescription drugs
- Vaccinations
- Ambulance
- Chiropractors
- Psychologists
- Physiotherapists
- and more!

Vision  
Over \$200



- Eye exam
- Eyeglasses and contact lenses

Travel Plan

Care Abroad  
Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a  
summary of  
benefits



Plus: Mental Health Services  
Designed to Support Students

Mental Health & Wellness



**Empower Me**  
Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7

For eligibility details,  
see [www.studentcare.ca](http://www.studentcare.ca).

Dental Plan

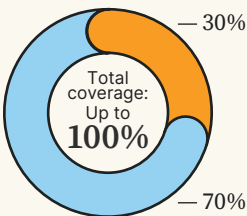
Dental  
Up to \$800



- Checkups
- Fillings
- Polishing
- Root canals
- and more!

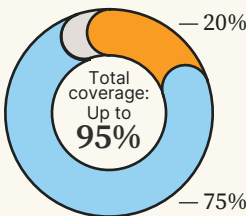
Preventive  
Services

- Recall exams
- Polishing
- X-rays

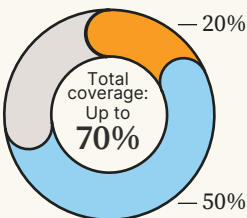


Basic  
Services

- Fillings
- Oral surgery

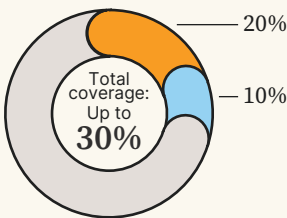


Wisdom Tooth  
Extractions



Basic and  
Major  
Restorative  
Services

- Endodontics (root canals)
- Periodontics (gum treatments)\*
- Removable denture adjustments
- Crowns, bridges, and posts



\* Note: Periodontal appliances (bruxism) are covered at 25%.

● Insured Portion ● Studentcare Dental Network Savings ● Portion Not Covered

Change-of-Coverage Periods

**Fall Term:**  
Sept. 2 - 29, 2025

**Winter Term** (new students only):  
Jan. 5 - 30, 2026

**Summer Term** (enrolments for  
eligible May start students only):  
May 1 - 29, 2026

If you're automatically covered, the Plan fee is included in your tuition and other fees. During the applicable period above, you can enrol your family or opt out of the Plan if you have proof of other coverage. Some students may also be eligible to enrol themselves in the Plan. See [www.studentcare.ca](http://www.studentcare.ca) for instructions.

Price

Graduate, law,  
undergraduate medicine,  
and education students

MBA  
students



Health &  
Dental Plan  
Combined  
Annual Fee  
(September-  
August)  
**\$791.44**

Health &  
Dental Plan  
Combined  
Annual Fee  
(January-  
December)  
**\$831.01**

Winter 2026 Fee  
(January-August)  
**\$527.63**

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit [www.studentcare.ca](http://www.studentcare.ca) for instructions.



**\$818.70**  
Add one dependant for  
full-year coverage\*



**\$1,637.40**  
Add unlimited  
dependants for  
full-year coverage\*

\*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2026 (for new Winter Term students), from May 1 – Aug. 31, 2026 (for new Summer Term students), or from Jan. 1 – Dec. 31, 2026 (for MBA students only), are available online.