

Exclusive Savings from Studentcare Network Partners*

Your Plan Coverage

You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.

Example of a claim made using a Studentcare Dental Network practitioner:

Studentcare Networks

By consulting a Network member, you'll get additional coverage.

70%

+30%

Total Coverage: 100%

Save More with Network Members



up to 90% off on your out-of-pocket prescription drug costs (max \$40)

25% off

regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program



\$550 off on custom LASIK

Free, no-obligation consultation

Lowest price guarantee



20% off contact lenses

Independent Vision Specialists

30% off prescription eyeglasses, up to \$75

Discounts on eye exams and contact lenses



Preferred rates on 50-minute adult therapy or coaching sessions

and more!
Dentists, physiotherapists, chiropractors, naturopaths, and gender-affirming care practitioners

* Studentcare and the insurers do not endorse or assume any responsibility with respect to the use of their services.
** Certain conditions apply.

An Essential Service for Students

As an eligible student, you're automatically covered by one of the most important services on campus: the NSA Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

Students in the doctor of naturopathic medicine program who are NSA members and who have provincial health care (e.g. OHIP) or equivalent primary health-care coverage are eligible, along with Boucher campus students.

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

See www.studentcare.ca for more details.

Group Numbers

Health, vision, and dental: NSA
Travel: 97180
(Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.)

Gender Affirmation Care: GAQ
(Medical coverage insured by GreenShield)

Submit Claims Quickly and Easily

Register to submit claims online by downloading the **Securian Canada Student Health Portal** mobile app or by visiting students-healthportal.securiancanada.ca



Download the Securian Canada mobile app.

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.studentcare.ca to learn about all the applicable conditions and exclusions.



OUR ENVIRONMENTAL COMMITMENT ON PAPER
This paper which contains Sustana's 100% sustainable recycled fiber is processed chlorine free. It is designated Ancient Forest Friendly™ and FSC® certified. Bringing paper products full circle with sustainable innovation.

NSA/BRO/09-25

Studentcare is becoming

ALUMO



2025–2026

NSA Health & Dental Plan

Insuring today.
Ensuring tomorrow.

Group Numbers

Health, vision, and dental: NSA
Travel: 97180
(Securian Canada)

Gender Affirmation Care: GAQ
(GreenShield)



For complete details on coverage, eligibility, and group numbers, visit www.studentcare.ca.



Health Plan

Health
Over \$10,000



- Prescription drugs
- Vaccinations
- Psychologists
- Physiotherapists
- Chiropractors
- Ambulance
- and more!

Vision
Up to \$150



- Eye exam
- Eyeglasses and contact lenses

Travel Plan

Care Abroad
Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a summary of benefits



Plus: More Services Designed to Support Students

2SLGBTQIA+ Support



Gender Affirmation Care

Coverage for gender-affirming medical care and legal assistance for students on their gender affirmation journeys

Virtual Health Care



HI
Powered by Dialogue

Virtual health care that connects you with nurses and physicians from anywhere in Canada

Mental Health & Wellness



Empower Me
Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7

Legal Care Program



The Essentials

A consultation service for all your legal questions, and legal representation for disputes related to housing, employment, academic rights, and more

Annual Fee: \$35.35
Winter 2026 Fee: \$23.57
Summer 2026 Fee: \$23.57

New

For eligibility details, see www.studentcare.ca.

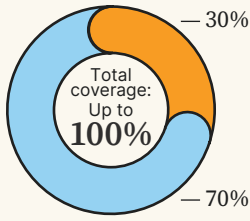
Dental Plan

Dental
Up to \$750

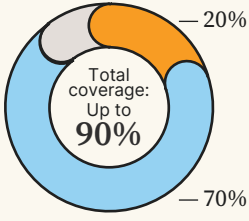


- Checkups
- Fillings
- Cleanings
- Root canals
- and more!

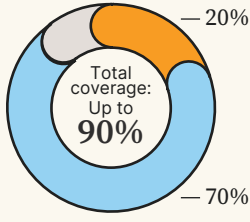
Preventive Services
→ Recall exams
→ Cleanings



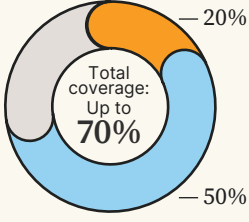
Impacted Wisdom Tooth Extractions



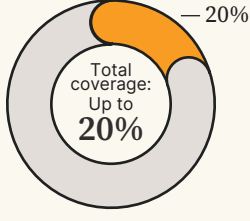
Basic Services
→ Fillings
→ Scaling



Basic Services
→ Oral surgery
→ Endodontics (root canals)
→ Periodontics (gum treatments)



Major Restorative
→ Crowns
→ Bridges
→ Posts



Insured Portion Studentcare Dental Network Savings Portion Not Covered

Price

Health & Dental Plan
Combined Annual Fee
\$690



Full Year
\$690
Combined Fee (September-August)

Winter 2026 (for new semester students)
\$460
Combined Fee (January-August)

Summer 2026 (for new semester students)
\$230
Combined Fee (May-August)

Change-of-Coverage Periods

Fall semester:
Sept. 2 - 16, 2025

Winter semester (new students only):
Jan. 5 - 19, 2026

Summer semester (new students only):
May 4 - 18, 2026

If you're automatically covered, the Plan and Legal Care Program fees are included in your tuition and other fees. During the applicable period, you can enrol your family or opt out of the Plan if you have proof of other coverage. Some students may also be eligible to enrol themselves in the Plan. See www.studentcare.ca for instructions.

Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.



\$690
Add one dependant for full-year coverage*



\$1,380
Add unlimited dependants for full-year coverage*

* Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2026 (for new Winter semester students) and from May 1 – Aug. 31, 2026 (for new Summer semester students) are available online.