# Exclusive Savings from Studentcare Network Partners\*



#### Your Plan Coverage

practitioner you choose.

You're covered for the insured portion of your Plan regardless of which licensed health-care



#### Studentcare Networks

By consulting a Network member, you'll get additional coverage.

Total Coverage:

50%

+30%

80%

#### Save More with Network Members\*\*

#### @Rexall

25% off

regular priced Rexall corporate brands when you link your Be Well™ account with Rexall's Preferred Perks Program\*\*



# LASIK MD

\$550 off on custom LASIK

Free, no-obligation consultation

Lowest price guarantee

#### and more!

Dentists, physiotherapists, massage therapists, and chiropractors



\* PSYVITALITÏ

Preferred rates on 50-minute adult therapy or coaching sessions

# An Essential Service for Students

As an eligible student, you're automatically covered by one of the most important services on campus: the SAKC Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs.

- Full-time students in eligible programs (taking at least 60% of a full course load) who are SAKC members, including international students
- Students registered in the 3rd Class Power Engineering program: these students are covered for 1 year. Coverage is applied retroactively, starting on the first day of the month in which they begin classes.

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees.

See www.studentcare.ca for more details.

## **Group Numbers**

Health, vision, and dental: SAK Travel: 97180

Securian Canada is the brand name used by Canadian Premier Life Insurance Company and Canadian Premier General Insurance Company to do business in Canada. Trip Cancellation and Trip Interruption/Trip Delay benefits are underwritten by Canadian Premier General Insurance Company. All other benefits are underwritten by Canadian Premier Life Insurance Company.

## Submit Claims Quickly and Easily

Register to submit claims online by downloading the Securian Canada Student Health Portal mobile app or by visiting students-healthportal.securiancanada.ca



Download the **Securian Canada** mobile app.

NOTE: This document provides a summary of Plan benefits. It is not a complete description of coverage, restrictions, and exclusions. Please visit www.studentcare.ca to learn about all the applicable conditions and exclusions.



OUR ENVIRONMENTAL COMMITMENT ON PAPER

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# **ALUMO**



2025-2026

# SAKC Health & Dental Plan

Insuring today. Ensuring tomorrow.

#### **Group Numbers**

Health, vision, and dental: SAK (Securian Canada)

Travel: 97180 (Securian Canada)



For complete details on coverage, eligibility, and group numbers, visit www.studentcare.ca.



#### Health Plan

#### Health Over \$10,000

- → Prescription drugs
- → Chiropractors→ Psychologists
- → Ambulance
- → Massage therapists
- → Physiotherapists
- → and more!

#### Vision Over \$200



- $\rightarrow$  Eve exam
- → Eyeglasses and contact lenses

#### Travel Plan

#### Care Abroad Up to \$5,000,000



120 days per trip, up to \$5,000,000 per lifetime, trip cancellation and trip interruption in the event of a medical emergency

Scan for a summary of benefits



## Plus: More Services Designed to Support Students

#### Mental Health & Wellness



**Empower Me** Powered by Dialogue

A student assistance program providing mental health and wellness services 24/7

#### Virtual Health Care



Powered by Dialogue

Virtual health care that connects you with nurses and physicians from anywhere in Canada

For eligibility details, see www.studentcare.ca.

#### Dental Plan

### Dental Up to \$750



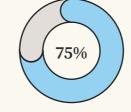
#### Preventive Services

- → Recall exams
- → Cleanings
- → Minor restorative
- → Impacted wisdom tooth extractions

# 90%

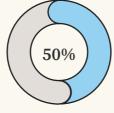
#### Basic Services

→Oral surgery



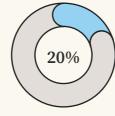
#### Basic Services

→ Periodontics



#### **Basic** Services

→ Endodontics (root canals)



Insured Portion

## Change-of-Coverage Periods

Fall semester: Aug. 27 - Sept. 10, 2025

Winter semester (new students only): Jan. 8 - 21, 2026

Summer semester (new students only): May 4 - 19, 2026

Note that different dates apply for new winter students in the 3rd Class Power Engineering program: Feb. 23 – Mar. 6, 2026

If you're automatically covered, the Plan fee is included in your tuition and other fees. During the applicable period above, you can opt out of the Plan if you have proof of other coverage, change your coverage, or enrol your family. Some students may also be eligible to enrol themselves in the Plan. See www.studentcare.ca for instructions.

#### Price

Health & Dental Plan Combined Annual Fee\* \$326



Health Plan Health Plan Fall Fee Winter Fee \$81.50 \$81.50

Fall Fee

\$81.50



Dental Plan Dental Plan Winter Fee \$81.50

If you're eligible, the Plan fee for coverage from Sept. 1, 2025 - Feb. 28, 2026 will be automatically included in your tuition and other fees. Your coverage will continue from Mar. 1 - Aug. 31, 2026 if you're a returning student in the winter. New eligible Winter semester students are automatically assessed the winter Plan fee of \$163.00 for coverage from Jan. 1 - Aug. 31, 2026.

3rd Class Power Engineering students are automatically assessed the annual Plan fee. Coverage dates may vary. Find more details online.

#### Enrol Loved Ones for Less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.



\$326.00 Add one dependant for full-year coverage



\$652.00 Add unlimited dependants for full-year coverage\*

<sup>\*</sup> Family enrolment fees and details for new Winter semester students are available online.