

Exclusive Savings from Studentcare Network Partners

- Your Plan Coverage**
You're covered for the insured portion of your Plan regardless of which licensed health-care practitioner you choose.
- Studentcare Networks**
By consulting a Network member, you'll get additional coverage.

Example of a claim made using a Studentcare Dental Network practitioner:



Save More with Network Members

LASIK MD
VISION

\$100 off Standard LASIK*
(\$50 off per eye)

\$200 off Custom LASIK*
(\$100 off per eye)

*Certain conditions apply.

Independent Vision Specialists

30% off
prescription eyeglasses, up to \$75


Discounts on eye exams and contact lenses

Rexall

10% off prescription drugs (max \$40)*

20% off select regularly priced Rexall brand non-prescription products*

*Certain conditions apply.

 PSYMONTRÉAL

Preferred rates on 50-minute adult therapy or coaching sessions

Discover more partners online!
Dentists, physiotherapists, naturopaths, massage therapists, and chiropractors

An Essential Service on Campus

As an eligible student, you're automatically covered by one of the most important services on campus, the UOSU Student Health & Dental Plan. It covers many benefits not provided by provincial health-care programs. Eligible students include:

- Full-time and part-time undergraduate students at the University of Ottawa who are registered in the Fall, Winter, or Spring term
- Full-time Saint Paul University students

Certain exceptions exist. Please check your student account to confirm if you've been charged the Plan fees. See www.studentcare.ca for more details.

Group Numbers

Health, vision, and dental: UNV
(insured by GreenShield)


Accidental death and dismemberment: Q1617
(insured by Desjardins Insurance)

Travel: 97180
(Canadian Premier Life Insurance Company, which operates under the brand name Securian Canada, is the underwriter of this product.)

Questions? Contact Us

Questions about coverage, enrolments, and opt outs:
www.studentcare.ca

UOSU Care Office
UCU 031B (University Centre)
85 University Private



Scan the QR code for more details on your Plan.

Submit claims quickly and easily

Claim through GreenShield's online portal at gsceverywhere.ca or the **GSC everywhere** mobile app.

Submit claims using your Member ID: **your Group Number (UNV) + your Student ID Number + 00** (e.g. UNV123456789100).

Questions about claims:
1-888-711-1119



OUR ENVIRONMENTAL COMMITMENT ON PAPER
This document contains 100% post-consumer fibre, Certified EcoLogo, Processed Chlorine Free, and FSC® Certified Recycled. Manufactured using biogas energy.





Make the most out of it

2023-2024

Your UOSU Student Health & Dental Plan

Group Numbers
Health, vision, and dental: **UNV** (GreenShield)
Accidental death and dismemberment: **Q1617** (Desjardins Insurance)
Travel: **97180** (Securian Canada)

Providing Quality Coverage

Health Plan

Health
Over \$10,000

Prescription drugs
Psychologists
Physiotherapists

Chiropractors
Ambulance
and more!

Vision
Up to \$200

Eye exams, eyeglasses, contact lenses,
and laser eye surgery
or
Medically necessary contact lenses

Travel Plan

Care Abroad
Up to \$5,000,000

120 days per trip, up to \$5,000,000
per lifetime (includes eligible COVID-19
medical expenses), trip cancellation and
trip interruption in the event of a medical
emergency or an eligible Travel Advisory

For a complete description of your
coverage, visit www.studentcare.ca.

What are you waiting for?
Make the most out of it!

Plus: more services designed to
support students

Mental Health & Wellness

Empower Me
Powered by Dialogue

A student assistance program
providing mental health and wellness
services 24/7

For eligibility details,
see www.studentcare.ca.

Virtual Health Care

HI
Powered by Dialogue

Virtual health care that connects
you with nurses and physicians from
anywhere in Canada

Annual Fee: \$45.12
Winter 2024 Fee: \$30.08
Spring 2024 Fee: \$15.04

Dental Plan

Dental
Up to \$750

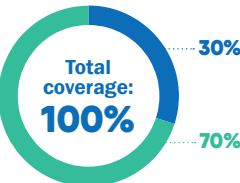
Checkups
Cleanings
Fillings

Extractions
and more!

Insured Portion Studentcare Dental Network Savings

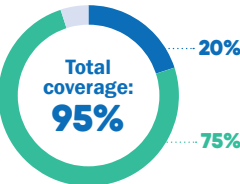
Basic Services

- Recall exams
- Cleanings

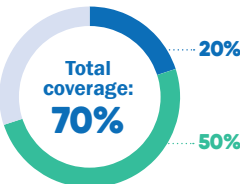


Comprehensive Basic Services

- Endodontics (root canals)
- Periodontics (gum treatments) excluding root planing
- Standard denture services

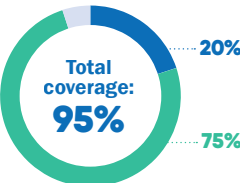


Comprehensive Oral Surgery and Root Planing

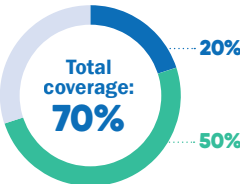


Basic Services

- Fillings
- Basic oral surgery

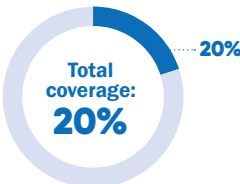


Extractions



Major Restorative

- Crowns
- Bridges
- Posts



At a Great Price

Check it out!

Health & Dental Plan Combined
Annual Fee
\$276.38

Full-year coverage



Full-Year Fee
(September – August)
\$276.38
Health: \$147.78
Dental: \$128.60

Coverage for new Winter term students



Winter 2024 Fee
(January – August)
\$184.25
Health: \$98.52
Dental: \$85.73

Coverage for new Spring term students



Spring 2024 Fee
(May – August)
\$92.13
Health: \$49.26
Dental: \$42.87

Change-of-Coverage Periods



Fall term: Sept. 6 – 29, 2023
Winter term (new students only): Jan. 3 – Feb. 5, 2024
Spring term (new students only): Apr. 30 – May 31, 2024

If you're eligible, the fees for the Plan and HI (Virtual Health Care) are automatically included in your tuition and other fees. During the applicable period above, you have the following options for these services:

- Health & Dental Plan: Opt out (if you have proof of other coverage), change your coverage, or enrol your family. Some students may also be eligible to enrol themselves in the Plan.
- HI: Opt out

See www.studentcare.ca for instructions.

Introduce Me to Your Family

Enrol loved ones for less

You can enrol your family (spouse and/or dependent children) each year by paying an additional fee, over and above your fee as a member of the Plan. Common law couples are eligible. Visit www.studentcare.ca for instructions.



Add one dependant for
\$276.38
for full-year coverage*



Add unlimited dependants for
\$552.76
for full-year coverage*

*Family enrolment fees for coverage from Jan. 1 – Aug. 31, 2024 (for new Winter term students) and from May 1 – Aug. 31, 2024 (for new Spring term students) are available online.